

Community Resilience Briefing – 22 May 2023

Dear Community Resilience Group/Community Council/Colleagues,

Welcome to The Highland Council's fortnightly briefing for groups with an interest in local community resilience.

Covid, Colds, and Flu related information

- [Scottish Government - Covid, Colds, and Flu](#)
- [NHS Inform Covid data](#)
- [NHS Highland local vaccination information](#) – this includes information on the winter Coronavirus (COVID-19) and Flu vaccination programme which is now underway.

Funding

SCVO is a key source of funding information for the third sector. Funds that may be of interest include:

- **The Three Guineas Trust**
Considers proposals in the field of autistic spectrum disorder, with preference for projects including people with ASD in the decision-making. They will also consider proposals in the field of disability, violence, and access to justice. Applications can be submitted at any time.
- **The Pixel Fund**
Provides grants to charities with a focus on mental health and well-being of children and young adults. Currently open for initial enquiries.
- **Barcapel Foundation Limited**
Provides financial assistance to registered charities involved in the areas of Health, Heritage, or youth. Board meets twice a year, and the next deadline is for the November meeting.

Regeneration Capital Grant Funding (RCGF) Round 11

The latest round of Regeneration Capital Grant Funding (RCGF) has just been announced and we are now accepting applications to this fund. We have now updated the web pages so that the new application form and guidance notes are available as a download. If anyone has any questions, they can get in touch with me via the Community Regeneration Team
mailbox: communityregenerationfund@highland.gov.uk

The Regeneration Capital Grant Fund (RCGF) has been delivered in partnership between the Scottish Government and COSLA since 2014.

The RCGF supports locally developed, place-based regeneration projects that involve local communities, helping to tackle inequalities and deliver inclusive growth in deprived, disadvantaged, and fragile remote communities across Scotland.

Round 11 of the RCGF fund is currently open for Stage 1 applications and the deadline for submission is no later than 9am on Monday 12 June 2023.

Applicants can bid for grants from an available £25 million in 2024 to 2025 as part of a two-stage application process.

For more information/ application form and guidance notes, please see:

https://www.highland.gov.uk/info/20014/economic_development/844/regeneration

Welfare, poverty reduction and resilience

- [Port of Nigg Open Day](#) – On 24th June the Port of Nigg is hosting an open day to experience one of Scotland’s leading energy ports. This is an opportunity to connect with the people who work at the port as well as local communities. The event is free, but tickets are required due to expected high demand, please see the attached document for more information.
- [CyberScotland May Bulletin](#) – Highlights include the new NCSC Threat Report, information on the latest email scams such as the “storage full” email scam, and a cyber security breaches survey which will be used to inform government policy.
- [Cost of living support](#) – Highland Council webpages on support and information to help with the cost of living.
- [Help during the cost-of-living crisis](#) – Scottish Government advice and information.
- **Energy Advice** - Inverness Badenoch and Strathspey Citizens Advice Bureau offer free, impartial energy advice to householders. We provide advice to help reduce household energy use, save money and understand energy bills and support householders to manage energy debt. This can be done in person, over the phone or by video call. We can be contacted on 01463 219742 or email energy@invernesscab.org

Mental Health and Wellbeing

- [NHS Highland Mental Wellbeing](#) – a collection of resources and signposts to help people of all ages to look after their own mental wellbeing. Register for the event by following the link.
- [Cost of living crisis and your mental health](#)
Many people are feeling the strain as the cost of living continues to increase. This [resource](#) provides information on how you can maintain your mental wellbeing at this time, alongside information on how to manage your money as bills rise.

Emergency Planning

- Met Office Weather Warnings - <https://www.metoffice.gov.uk/weather/warnings-and-advice/uk-warnings#?date=2022-11-04>
- Met Office Weather Ready <https://www.metoffice.gov.uk/weather/warnings-and-advice/weatherready>
- [Scottish Flood Forecasting](#) – Provides up to date information on when and where flooding is expected to occur over a three-day period.
- Floodline Scotland <https://floodlinescotland.org.uk/>

- [Ready Scotland – preparing for emergencies https://ready.scot/](https://ready.scot/)